



## CALM K-2 Curriculum© Training with Kiran Sidhu & Dr. Jenna Whitehead

OPEN TO: K-2 teachers, support staff, and administrators passionate about creating inclusive, safe, connected, and emotionally attuned learning spaces.

The CALM Curriculum© - a playful, emergent approach to building lifelong social-emotional skills and resilience - backed by research (Maloney et al., 2022):

- Significant improvements in social-emotional competencies, executive functioning, and peer acceptance
- Decreases in aggression, dysregulated behaviour, and teacher-child conflict
- Supports educator wellness and strengthens responsive, harmonious classroom environments



**Friday, February 13, 2026**  
**8:30am-2:30pm**  
**107-32868 Ventura Ave, Abbotsford**

**\$250 per person**

### REGISTRATION INCLUDES:

- Fun-filled, Full-Day training bridging theory to practice
- Lunch, snacks, & beverages

### OPTIONAL:

- **One-year subscription (\$350) to the NEW CALM Digital K-2 Kit** with elements from the classroom ready **CALM Kit**
- **CALM Kit \$500** - Classroom ready implementation kit

**Register Today with**  
**nmisura@fvcdc.org**