SELF-ASSESSMENT

Where am I in my understanding with the concept of responding to the 'Yes' Brain?

l don't understand this concept yet

I am learning it and need more clarity I kind of know it but not enough I know it well enough to start using it

How am I doing in my practice of using the 'Yes' Brain response?

I am learning this skill

I am practicing this skill

I am almost there

I got this



Name: _____